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SWIFT FORESEES A LONELY, SINGLE, KITTEN-FILLED LIFE AT 30. PAGE 14

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Tuesday, March 3, 2015 www.metro.us | t: MetroPhilly | f: MetroPhilly



SCHOOL STRUGGLES

Education. Gov. Wolf's order that Bill Green vacate his post as SRC chair is tied to a struggle over whether Philadelphia can afford more charter schools. PAGE 02

10th-grade students in geometry class at Mastery Charter, Lenfest Campus, in Old City. / CHARLES MOSTOLLER, METRO

Man filmed undressed girls at KOP store: Police

PAGE 04

Learn how to take a break from your gizmos

PAGE 15



Flyers deal Coburn, build for the future

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1 NEWS

Top 3

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1 'Tinder to debut paid version of app called Tinder Plus, broke singles of the world sigh'

2 'Anxiety is warping your sense of time'

3 'Don't call her Belle Knox: A Q&A with Diana Colton, NYU student and porn star'



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Students at Mastery Charter, Lenfest Campus, in Old City (above). Protesters hold up signs (top, right). School District Superintendent Dr. William Hite (bottom, right). / CHARLES MOSTOLLER, METRO



Charter vote sparks Philly SRC fallout

Philly schools.

Gov. Wolf demotes Green in wake of vote to approve five new charters as state budget season gets underway.

Late Sunday, Gov. Tom Wolf fired Bill Green, the head of Philadelphia's School Reform Commission, replacing Green with fellow commissioner Marjorie Neff. The move comes 11 days after Green approved five new charter schools for the district. Neff is a former principal of the prestigious Julia R. Masterman School, but she might have one qualification that is more important. She was the only member of the five-person SRC to vote against all 39 charter school applications at a special meeting in February.

By the numbers

Charters in Philadelphia

- **207,000:** The number of students attending charter and traditional schools in 2015.
- **32,000:** The number of students educated in Philadelphia in 2007
- **64,000:** The number of students educated in

Philadelphia in 2015

- **\$430 million:** The amount of money Philadelphia spent on charters in 2011, about 18 percent of the budget at the time
- **\$766 million:** The amount of charter payments in 2015, about 30 percent of the budget.

The history:

Before last month's vote on charters, the district had not accepted applications for new charters for seven years. They were forced to do by Republicans in Harrisburg, who wanted a vote on new charters in exchange for a \$2 per pack cigarette tax the district needed to close a budget hole.

The issue:

When a child goes to a new charter, the district pays

the charter roughly \$10,000 — equivalent to what the district spends per child. The district, however, says it can only cut about \$3,000 in costs, leaving the district stuck with approximately \$7,000 in costs related to building maintenance and administration. Those are funds that must come out of the budgets of existing public schools.

The politics:

SRC members said they faced incredible political

pressure ahead of the vote by elected officials in Harrisburg who have significant control of the district's budget. State House GOP Speaker Mike Turzai said he expected the commission to approve 16 schools proposed by operators who already run schools that exceed statewide performance benchmarks. Wolf, citing the financial burden on the district, said he expected no new schools to be approved.

What's the difference?

Green is a Democrat, known for gaining the respect of Republicans in Harrisburg, but he was largely seen as the architect of a plan to gut the district's contract with its teachers union. Neff's career as an educator is expected to help smooth relations with the union.

Looking forward

Former chairman to file lawsuit to reclaim seat

Bill Green, who will remain a member of the commission, said in a video statement that he would file a lawsuit to retain his chairmanship of the SRC.

Wolf, who rode to office on public disapproval of his predecessor Tom Corbett's education policies, said in a statement that he and Neff will "restore cuts and reverse the public education deficit in Philadelphia."

Philadelphia educators will be looking ahead to Wolf's budget address today to see if he puts his money where his mouth is.

DAN KELLEY
dan.kelley@metro.us

Caught. Suspect arrested in death of NAACP veep's son

The Philadelphia Police Department said Monday they arrested a suspect in the murder of Alex Garcia-Rojas, the son of a Gloucester County NAACP board member.

Leonardo Rivera, 25, of Camden, surrendered to police on Feb. 27 to face murder charges, they said.

Garcia-Rojas, 34, was found fatally shot multiple times in the face and torso on the 4200 block of Macalester Street in Feltonville on Jan. 24 around 4:30 a.m.

The victim's family said they used social media and worked closely with police to pressure Rivera into turning himself in.

"From the very beginning, we were committed that this was not going to be a cold case," said the victim's father, Wilfredo Rojas, third vice president of the Gloucester



Leonardo Rivera
PROVIDED

County NAACP.

"We took this suspected killer off the streets," Rojas said explaining the family identified Rivera on Facebook.

Garcia-Rojas, a Temple University student, left behind a son and daughter. **SAM NEWHOUSE**



Flowers grow in the magic garden

Visitors to the Philadelphia Flower show marvel at floral arrangements designed to illustrate the theme of this year's Flower Show: "At the Movies." The Flower Show will be going on at the Pennsylvania Convention Center through March 8. / CHARLES MOSTOLLER, METRO

Philadelphia

'Black Madam' trial on hold

The trial of Padge-Victoria Windslowe, known as "Black Madam," was put on hold Monday after she complained she was experiencing chest pains, KYW reported.

Windslowe is charged with third-degree murder for providing an illegal 2011 silicone butt injection to 20-year-old Claudia Aderotimi. She later died as a result of the injection.

Windslowe took the stand for two days last week to defend herself.

Windslowe testified that in years of providing thousands of silicone injections to women, Aderotimi was the first person to have an adverse reaction.

The trial is now scheduled to resume on Wednesday.

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Montco

Massive blaze rips through plant

A huge fire at a Montgomery County sheet metal plant shot smoke that could be seen for miles Monday evening as it snarled traffic on the nearby Pennsylvania Turnpike where flames were visible.

Dozens of emergency crews responded to the fire at Trico Metal Products in Upper Merion Township.

Motorists on social media reported multiple detours throughout the area. Fire crews were notified of the potential for chemical exposure at the scene.

Aerial footage from NBC10 captured the massive blaze as portions of the building collapsed.

The fire broke out at approximately 5:30 p.m. after an explosion, the station reported.

METRO

Creep. Man filmed girls at mall: Police

The Radnor Township Police Department announced Monday that charges were filed against a man who allegedly secretly photographed and filmed women in their homes and while in dressing rooms at retail stores.

Sean Moses, 37, of Narberth, is charged with invasion of privacy and criminal use of a communication device for recording women and posting images and videos on pornographic websites.

Police say that they were first alerted by a Villanova University student who reported in September 2014 that she and her female roommate had been videotaped and that the video was posted online.

Police say they discovered in Moses' possession videos of teenage girls and their mothers in changing rooms at Forever 21 and Express stores in King of Prussia, and of other women in Bryn



Sean Moses / PROVIDED

Mawr.

Moses filmed the videos in stores with adjacent male and female fitting rooms by holding a camera to gaps between the rooms, police said.

They say he also possessed a video of a 2013 Villanova University swim meet.

Police executed a search warrant at Moses' home in January where he admitted to recording and uploading the videos, but Moses was officially charged and arrested on Monday. **SAM NEWHOUSE**

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BEFORE



"Wall Street Analysts Praise New Breakthrough"

New Fat-Melting Pill Could Put Diet Industry Out of Business by 2016

Special Report by
Health & Fitness Editor
Steve Engerson
NEW YORK —

You know what they say; if it sounds too good to be true, it probably is! That is, until recently when a small Colorado nutraceutical company developed the unbelievable... a new pill, that lets you drop dramatic amounts of weight — apparently without much effort at all!

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By creating a "Sedentary Cellular Workout" (nearly doubling the speed of your metabolism)

Shred360™'s formula actually fools your body into thinking that you are lifting weights and running hard... increasing your metabolic rate by 43% and **BURNING FAT FAST...**

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- Fool your body into **BURNING** Stored **FAT** through Thermogenesis and lipolysis
- Fool your body into feeling full — the ultimate appetite suppressant
- Enable your body to **PRESERVE** Lean, Healthy **MUSCLE**
- Increase energy and mental clarity almost immediately — guaranteed

And unlike highly ineffective, slickly marketed "diet supplements" (that are usually glorified caffeine pills) — Shred360™ (originally formulated for top athletes) will:

- **NEVER** make you jittery
 - **NEVER** make your heart race
 - **NEVER** leave you feeling hungry
- Shred360™'s formula includes well documented Green Tea, Vitamins

B6 & B12, Green Coffee and Raspberry Ketones, among others. Together, they are **unconditionally guaranteed** to make every surplus bit of your unwanted fat disappear — effortlessly — without starvation diets and painful exercise... while at the same time preserving the lean healthy muscle that your body needs.

Fitness Professionals Praise The Fat Burning Power of Shred360™

"Shred360™ Is the Best of the Best. In all my years of being a Fitness Professional, I've never recommended a fat-burner because almost all fat burners fall short... but I was so impressed with the science, the ingredients, AND the personal results of this product - I contacted the company directly to share my excitement." Shaun Hadsall — Fitness Trainer, creator of the "4-Cycle Fat Loss" system

Analysts Think Shred360™ Could put Jenny Craig and Weight Watchers Out of Business by 2018

Analysts (who have studied Shred360™'s ability to isolate, breakup and eliminate fat from the body) predict traditional weight loss companies will be obsolete in the next 4-years.

Let's be honest. For most of us, the absolute ease of losing fat with Shred360™ is much more important than the science of "how it works". As one Wall Street Investor put it, "By using Shred360™ - you can eat like a normal person, skip the gym, and lose the fat you want while you sleep — so who in their right mind would ever use a company like **Jenny Craig or Weight Watchers?** The answer, clearly, is no one."

No more tasteless "diet frozen meals", no more prepackaged "food", no more time consuming trips to the gym, and no more clubs



to join — PLUS Shred360™ nearly doubles your metabolism and burns fat while you **SLEEP** — making it the most important breakthrough in weight loss history... and that has mainstream companies worried...

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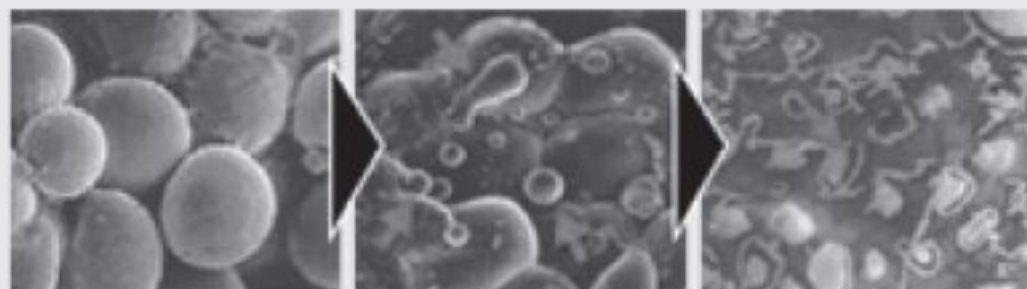
Shred360™ was originally developed for Top Fitness Professionals (a very small market) and was never meant to be the all-around fat burner that it, thankfully, turned out to be. Because of this, Shred360™ is produced under highly controlled conditions, in one of America's Top Certified Supplement manufacturing facilities, in very small batches... making supplies quite limited. This production method guarantees that Shred360™ is always pure, always safe, and always effective. Shred360™ truly is a "Professional Grade" supplement.

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As the Health and Fitness Editor, I am happy to say that I have been able to reserve a limited supply of **GUARANTEED TO WORK** Shred360™ — for 100 of our readers (I wish it could have been more — but their supplies are very limited). All you have to do is call them directly at 1-800-798-4198 and request your limited supply plus additional **FREE** bottles (just ask).

You will see — stubborn unwanted fat will be eliminated from your body with absolute ease. But please don't wait to call... once these free samples are gone — they are gone for good.

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These statements have not been evaluated by the US Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Results not typical.

South Philly.

S. Philly man gets prison in murder-for-hire plot

Philadelphia auto body shop owner Ron Galati was sentenced to 22 years in prison for a murder-for-hire plot.

The victim in the case, Andrew Tuono, who was Galati's daughter's boyfriend, was shot in Atlantic City in Nov. 2013, but survived.

Two of the three men Galati hired to kill Tuono were captured as they fled the scene. Jerome Johnson, 46; Ronald Walker, 49; and Alvin Matthews, 47, have all pleaded guilty to related offenses and are awaiting sentencing.

Galati, the owner of American Collision Automotive Center in South Philadelphia, is still awaiting trial on two other cases.

METRO

New report says 700K at risk from oil train accidents

Philadelphia. A new report highlights safety concerns related to crude oil trains.

The shale gas boom could have devastating effects for Philadelphia if a tanker carrying crude oil or other hazardous materials ever derailed along the city's crumbling train network.

According to a report released Monday by PennEnvironment, about 710,000 residents, including 100,000 children, live within the evacuation zone of train routes that carry crude oil and other flammable or hazardous materials through the city daily.

"We have to be prepared," said PennEnvironment Executive Director David Masur. "The public is usually left completely



An oil train south on tracks between the Schuylkill River and I-76. / CHARLES MOSTOLLER

Train safety

A July 2014 U.S. Department of Transportation report found that unless the U.S. invests heavily to fix aging infrastructure, the U.S. could expect to see up to 10 crude oil accidents a year.

in the dark by train companies and state and federal authorities."

City Councilwoman Blondell Reynolds Brown will hold a hearing March 18 to determine the risk posed by tanker trains running through Philadelphia and analyze the city's planned response to a po-

tential derailment, spill, fire or explosion.

"One injury, one life lost, is one too many," Brown said. "We never, ever want to be in 'woulda-coulda-shoulda mode.'"

Last month, a CSX oil train derailed in West Virginia, creating a fire which burned for five days.

At risk?

These neighborhoods have the highest populations in the "evacuation zone" of oil train tracks, according to PennEnvironment.

West Philadelphia (19143)
53,016 people

Port Richmond (19134)
48,200 people

Olney (19120)
45,513 people

Hunting Park (19140)
38,471 people

University City/Mantua (19104)
32,332 people



SAM NEWHOUSE
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 14k Miles \$321/Month \$500 Down 2011 Nissan Rogue SV AWD	 44k Miles \$246/Month \$500 Down 2007 Lexus IS 250 AWD	 AWD \$299/Month \$500 Down 2010 Chevy Traverse LTZ	 21k Miles \$285/Month \$500 Down 2014 Nissan Altima 2.5 SL	 87k Miles \$251/Month \$500 Down 2010 Nissan Murano S AWD	 31k Miles \$283/Month \$500 Down 2011 Mazda CX-7 Touring
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Group to sue FBI in death of friend of bombing suspect

Shooting. The FBI said the agent shot Todashev after he attacked him.

A Florida Islamic group said Monday it had filed a formal notice with the FBI that it plans to sue the agency for \$30 million in the death of Ibragim Todashev, a friend of one of the Boston Marathon bombing suspects.

Todashev, 27, a Muslim Chechen immigrant, was killed in an Orlando apartment in May 2013 during FBI questioning about his links with the Boston suspects. The FBI said their agent shot Todashev after he attacked him.

The notice was filed



Relative of Ibragim Todashev, Elena Teyer addressing the media. GETTY IMAGES

by the Council on American-Islamic Relations Florida (CAIR-Florida), a civil rights group, on behalf of Todashev's parents who accused the FBI in a statement of killing their son "in cold blood."

Thania Diaz Clevenger, civil rights director for CAIR Florida, said the group was "seeking answers and justice for someone who was shot seven times by an FBI agent in his own home after hours of interrogation."

An FBI spokesman said the agency does not comment on pending litigation.

CAIR spokesman Ali Kurnaz told a press conference in Orlando Monday that "there are a lot of things that happened that day that we don't know ... there are things that don't add up."

For example, the autopsy report and video from the interrogation have not been publicly released, he said.

REUTERS

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2013 HYUNDAI ELANTRA GLS Like New! \$14,900, \$274/Month	2008 TOYOTA HIGHLANDER AWD \$0 Down! \$15,900, \$291/Month	2013 CHRYSLER TOWN & COUNTRY TOURING \$0 Down! \$16,900, \$307/Month	2012 CHEVY TRAVERSE Like New! \$16,900, \$307/Month	2004 LEXUS LS 430 \$0 Down! \$16,900, \$307/Month	2006 TOYOTA TUNDRA SR5 4X4 \$0 Down! \$16,900, \$307/Month
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Five things you need to know

Netanyahu warns an Iran deal could threaten Israel's existence

Israeli Prime Minister Benjamin Netanyahu warned the United States on Monday that the nuclear deal it is negotiating with Iran could threaten Israel's survival and insisted he had a "moral obligation" to speak up about deep differences with President Barack Obama on the issue.

Even as he set the stage for a Washington visit that has strained U.S.-Israeli relations, Netanyahu sought to lower the temperature ahead of his controversial address to Congress on Tuesday, saying he meant no disrespect for Obama and appreciated U.S. military and diplomatic support for Israel.

The Israeli

prime minister left little doubt, however, about his objections to ongoing talks between Iran and world powers, which he said would allow Tehran to become a nuclear-armed state.

"As prime minister of Israel, I have a moral obligation to speak up in the face of these dangers while there's still time to avert them," Netanyahu told a cheering audience at the annual conference of the American Israel Public Affairs Committee (AIPAC), the largest U.S. pro-Israel lobby.

Netanyahu said the relationship

between his country and the United States was "stronger than ever" and not in crisis.

REUTERS

Quoted

"My speech [to Congress] is not intended to show disrespect for President Obama and the office that he holds."

... I deeply appreciate all that President Obama has done for Israel."

Netanyahu

NETANYAHU
GETTY IMAGES



HP to buy Wi-Fi gear maker Aruba Networks for \$2.7 billion

Hewlett-Packard said it would buy Wi-Fi network gear maker Aruba Networks for about \$2.7 billion, the biggest deal for the world's No. 2 PC maker since its botched acquisition of Britain's Autonomy Plc in 2011.

HP has had a dismal record for big acquisitions, having written off multibillion-dollar purchases of Autonomy and technology outsourcing provider EDS, which it bought in 2008.

The purchase of Aruba would help HP boost its share in the wireless local area network market as more companies allow employees to access work systems through their wireless devices. REUTERS



Twitter, law enforcement investigate ISIS threats

Twitter and law enforcement authorities are investigating alleged threats made by Islamic State (ISIS) militants against the social media network's co-founder and other employees, the company said in reaction to media reports.

Islamic State supporters, in online posts on Sunday, called for attacks against Twitter and its "interests," including death threats, according to the online news media company BuzzFeed as well as the NBC news network. REUTERS

\$4M in gold stolen from truck in NC

Three armed men are on the run after they stole \$4 million worth of gold from a tractor-trailer along Interstate 95 in North Carolina.

Two armed security guards reported the robbery around 6:45 p.m. on Sunday to Wilson County sheriff's deputies.

They were passing through Wilson County about 50 miles east of Raleigh, their truck carrying the shipment of gold and silver had mechanical problems, so they pulled it to the side of the road.

While they were parked, three armed men in a white van approached them, ordered them onto the ground and tied their hands behind their backs.

REUTERS



Pham sues Dallas hospital over Ebola

The first person infected with Ebola in the U.S., nurse Nina Pham, sued a Texas hospital, saying it did not do enough to prevent her from contracting the virus and invaded her privacy after she was diagnosed.

In the suit against Texas Health Resources (THR) in Dallas County Court, Pham claims the hospital did not initially provide nurses with proper protective equipment or properly train staff on how to treat the disease.

The suit accuses the hospital of negligence and deception. It does not specify an amount in damages.

Pham, 26, was one of two nurses at the Dallas hospital who contracted the disease when

treating Thomas Duncan, who was admitted in late September and died less than two weeks later. Both nurses recovered. Duncan contracted the disease in Liberia.

Pham became a national symbol of hope in fighting Ebola after she made a recovery and was greeted in the Oval Office by President Barack Obama.

REUTERS



NINA PHAM
GETTY IMAGES

Interview with Nareen Shammo. Ex-journo dedicates life to rescuing women from ISIS

Nareen Shammo, a 28-year-old former journalist from Bahzani, an Assyrian town in northern Iraq, has been dedicating herself to rescuing Yazidi women from ISIS, the barbaric group that has brutalized and beheaded both locals and Westerners. They have become the latest rulers to persecute the Yazidi, an ethnic and religious minority spread out over the region. Shammo has been able to rescue 700 women so far and tells Metro about her work.



Nareen Shammo / METRO WORLD NEWS

What are you doing to save Yazidi slave women captured by Islamic State?

The answer to this question contain secret details. But I can say that getting information about where a hostage is held is the first step for a rescue.

What led you to take on this challenge?

It is a humanitarian duty and my duty to my people. What made me take this on is that I couldn't see any other option for the Yazidi as we feel as that we are alone in this crisis. Yes, there is danger that people may not expect.

Are you scared?

Being a Yazidi in Iraq means you are a worried and scared individually because of the societal view toward Yazidi people are we are a minority within a non-Yazidi majority. Addi-

6

days to
International
Women's Day

else's pain and to cause them to be hurt. There are reports that Yazidi captives are forced to donate blood to wounded ISIS fighters.

What else are they forced to do?

I am not 100 percent certain that ISIS does take even the blood from our Yazidi daughters for their wounded fighters, but I do not rule it out because I heard from more than one source. I can confirm that all of our girls who are above 10 years of age were raped and sold off in the slaves market. All Yazidi hostages are forced to convert to Islam and read the Quran as well as to pray too. Those who refuse to convert receive no food and drink, and ISIS militants have left some children to die in front of their own families as a punishment of refusing to

convert. The final fate was death for every Yazidi hostage who refuse to convert to Islam.

What was the most dramatic situation an enslaved woman was in before you saved her?

Everything linked to kidnapped Yazidi is unforgettable. No matter what happens, I cannot forget. I will probably need to switch my mind to forget this human disaster. Here is one of many painful stories: one girl tried to commit suicide several times after being raped. She contacted me after one of the attempts and told me everything that had happened to her. But she did not go through with the suicide because of her little sister. She said, "I will keep on my life so that I can bring my sister to my family. After that I will not live any more in this bloody world." This girl is 14 years old. She is now living in a building

This is the second in a Metro series leading up to International Women's Day on March 8.

after being released, but her 8-year-old sister is still being held. She hopes and waits with her family every day.

How are you negotiating with ISIS?

I'm not the only one who working to free my people; there are friends who help me continuously. Many of the girls who have been released are not aware that we were the reason for their release. Others do know. I have been in touch with some of them. They always repeat a phrase whenever I meet them: "You said you will release us and you did it. It is unbelievable. Here we are with you right now."

They would say this with a big smile, and this would make me feel alive and give me motivation to continue. **DMITRY BELYAEV, METRO WORLD NEWS**

Question

How can Metro readers from all over the world help with this cause?

Every single person in the world should raise his or her voice with me for the liberation of Yazidi hostages from ISIS hands. They number nearly 7,000, mainly women and children. Women are used as sex slaves while the children are trained to be the next generation of terrorists. Here, we do not want our children to be terrorists or extremists as this is against our religion, philosophy and values.

Yazidi hostages

7K

There are nearly 7,000 Yazidi hostages from ISIS hands, mostly women and children.

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3 Ways you can invest \$1,000

I get this question a lot because some people have extra spare cash and want to use it wisely. But don't just go and buy yourself something nice. It's far better in the long run to spend your money, and time, on things that can change your life for the better! Here are three options:

Investment No. 1: Open an online discount brokerage account

My new favorite broker, E*Trade, allows low minimums to open an account. It'll take you a few years to turn this small amount into anything great, but by having an account open and funded you can be prepared for tremendous investment opportunities. Remember, I made my millions trading penny stocks, and while they're looked down upon by practically everyone, they can spike 50 percent or even 100 percent in a day or two — so if you know the rules you can double or triple your account in just a few days or weeks. Do that for a few years and you're a millionaire just like my

Props to Kanye West for apologizing to Beck for his rude behavior. Perhaps this talented little boy is growing up?

I still get tons of emails from people who think the stock market has to go up for them to make money. Wrong! You can profit from the downside too via short selling.

top students, one of whom has grown his \$1,500 nest egg into \$2.5 million in four years.

Investment No. 2: Invest In yourself

\$1,000 cannot put you through college, but thanks to educational courses offered on the Internet, you could learn life-changing skills. Take my newsletter, PennyStocking Silver: It's \$99.95/month and it comes with daily watch lists, stock market commentary, chatroom access, trade alerts and, most importantly, access to nearly



For exclusive commentary, visit Metro.us/blogs.

3,000 video lessons in my content library covering everything I've learned in the stock market over the past 15 years. If the stock market isn't your thing, just do some Google searches for the area of expertise you're passionate about and you'll be surprised how cheap and useful online education can be.

Investment No. 3: Give it away

I know many people cling to \$1,000 like it's the most precious thing in the world, but if you want to truly live, cast away your safety net. This year I'm giving away \$2 million to help the less fortunate and really push myself to earn that money back. I find that when I have less money than I'm comfortable with, I push myself harder. Obviously this option is not always possible, but if you have enough money to live off of, consider giving excess capital away to someone who might need it more. You'll be amazed at how great it feels to help someone in need.

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Timothy Sykes is a millionaire stock trader and entrepreneur.



Gisele Bündchen is just one of several celebrities who have had run-ins with the IRS.
GETTY IMAGES

The IRS. Why so many wealthy celebrities have tax troubles

From Willie Nelson to Wesley Snipes, celebrities have a long history of tax trouble. In just the past year, comedian Chris Tucker, supermodel Gisele Bündchen, the lead singer of Creed, and at least one of the "Real Housewives" have had reported run-ins with the IRS. Here's why:

The costs of doing show business. Just as Uber drivers can deduct the cost of gas from their taxes, celebrities can deduct their necessary expenses. But

there's a fine line between show-business expenses and living a celebrity lifestyle.

Stars' income can be as fickle as their fans. The IRS charges a penalty if taxpayers don't pay enough in estimated taxes throughout the year. But many entertainers have no way to estimate how much they'll make by Dec. 31. In the film business, "you can have one job a year. You can have four jobs a year. You can have three years without a job," says CPA financial planner Mitchell Freedman.

They're big in Japan, Milwaukee, and everywhere else. When you're an actor shooting on location or a tennis player going from tournament to tournament, you can end up owing taxes to dozens

of jurisdictions. States, the IRS and foreign countries all want a piece of you. And the complications multiply on concert tours, says Victor Wlodinguer of Citrin Cooperman.

Sudden wealth syndrome. When they hit it big, many don't know what to do with all the money. So they start spending it, quickly.

Leeches. When you get famous enough, everyone knows you're rich. That brings out friends and family from deep in your past, begging for a loan, a job or an investment in their soon-to-fail business. If you give your cousin money, you'll need to fill out a W-2, a 1099 or a gift tax return. He or she may be family, but the IRS demands the correct form.

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Admissions. Learn to put your best face forward.

College admissions consultant Pria Chatterjee says it's really never too early for families to start talking about college with their kids.

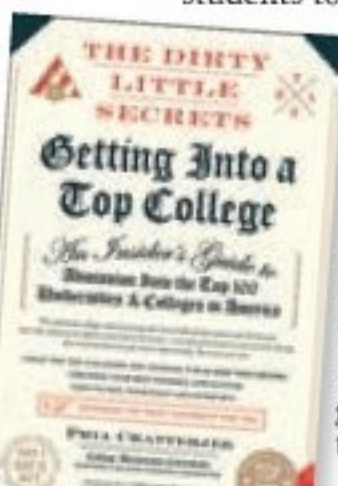
"If a family's goal is to reach for the most competitive colleges, you have to start in middle school and start educating yourself in the landscape," she says.

But what about the students currently in high school who haven't seriously thought about college until now? Chatterjee — the author of the new book "The Dirty

Little Secrets of Getting Into a Top College: An Insider's Guide to Admission into the Top 100 Universities & Colleges in America" — (out on March 24) assures us it's not too late. She offers students these pointers.

Work with what you have

"You can't reinvent yourself [at this stage]," she says. "You take what you have and use it in the best possible way. At this stage you have to be very introspective so that you



are aiming at the right college."

Chatterjee suggests concentrating on making sure your application package is as strong as possible.

Be realistic

Chatterjee also stresses that it's important for students to be honest

with themselves about the type of schools they want to pursue. "If a less-competitive college would be a better fit, but you are hell-bent on getting into the most-com-



There's no such thing as the perfect application. Pick activities that work for you. / ISTOCK

Quoted

"The bottom line is that preparing for the college admissions process is like preparing yourself for life." Chatterjee

petitive schools, [your goals] are not going to match," Chatterjee says.

Streamline your activities

If a student is already in 10th or 11th grade, Chatterjee warns them not to suddenly join every club

to make up for lost time. "[Sophomore year] is really when you should be consolidating," she says. "Whether it's an instrument or drama or a sport, you should focus on that."



LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Focus

The factors you control

In addition to the factors that a student can't control, like their financial situation and ethnic background, there are three areas of their college applications where their own hard work is showcased:

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CULTURE

Twitter feed

Today, Patty Duke is being very affectionate, Jaden Smith is so not down, Elizabeth Hurley doesn't realize spring starts later in March, Ricky Martin is shifting focus and Emma Bunton is filled with regret. And pie.

@pattyduke_id: Sending big hugs to all.

@officialjaden: Way Way Way Way Up

@ElizabethHurley: So much for supposed first day of Spring yesterday- a nonsensical theory on all counts. Snow this morning in Herefordshire.

@ricky_martin: It's not what happened, it's what will happen.

@EmmaBunton: Why oh why did I eat pie for breakfast!

Taylor Swift predicts she will be a crazy cat lady by 30



ALL PHOTOS GETTY IMAGES

Taylor Swift is more than happy to talk about her love life. Or lack thereof. "I'll probably still be single at 30," she tells the Telegraph. "Let's be honest. No one's going to sign up for this and everything that goes with it. 'Hi, nice to meet you, want a date? Do you love camera flashes? I hope you do!' I don't know what's going to happen if I'm ever content in a relationship — no idea how that's going to work. I don't even know if that's possible with the life I have."

But at least she has her

cats — which factor heavily into her prediction of where life will find her in the near future. "In five years' time, she'll be so afraid of everything, she doesn't leave her house," Swift offers, slipping into a bit of third-person nuttiness. "She's just surrounded by cats. So many cats, they've divided themselves up into armies and she wanders around lint-rolling the couch that no one's going to sit on because she's afraid to have people over." Sure, she's joking, but now I feel sad.

News flash: Cameron Diaz likes sex, hates Twitter

Newlywed Cameron Diaz has an exciting new workout routine for you to try, but just don't expect her to release a video for it. Diaz decided it was about time she took a firm position on the topic of sex. "It's something healthy that we need to be doing for many different reasons," she tells Cosmopolitan. Also healthy? Exercise. "People say, 'My body rejects exercise.' No, it doesn't. Your mind rejects exercise." Whoa.

But it's not all positivity and sunbeams in Diaz's latest treatise. She also admits there

are some things she doesn't like. For instance, Twitter. "I think social media is a crazy-ass experiment on society," she says. "The way people use it to get validation from a bunch of strangers is dangerous. What's the point?" Says the woman on the cover of a magazine talking about her sex life.



THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRLBAR

@Nedrick
ned.ehrbar@metro.us



Daily video

This guy had a seizure while skydiving

If you've had reservations about giving skydiving a try because you're — understandably — terrified, this likely won't help. YouTuber Christopher Jones posted a video of a jump he took in November that was interrupted by a debilitating seizure mid-free fall. Yikes. Let's just let Jones describe it: "Possibly the scariest moment of my life," he writes. "While doing stage five of my Accelerated Free



NOMADIC ADRENALINE, YOUTUBE

Fall program I have a near death experience. At around 9,000 feet I have a seizure while attempting a left-hand turn. I then spend the next 30 seconds in free fall unconscious. Thankfully my jumpmaster manages to pull my ripcord at around 4,000 feet. I become conscious at 3,000 feet and land safely back to the ground." So, who wants to go skydiving?

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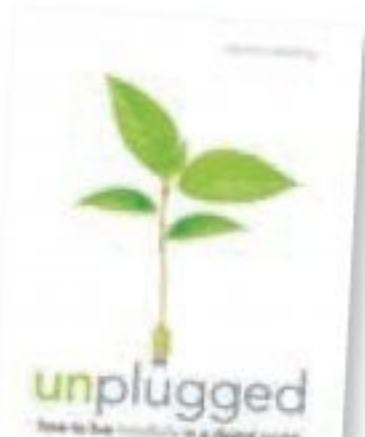
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5 Ways to unplug without feeling disconnected

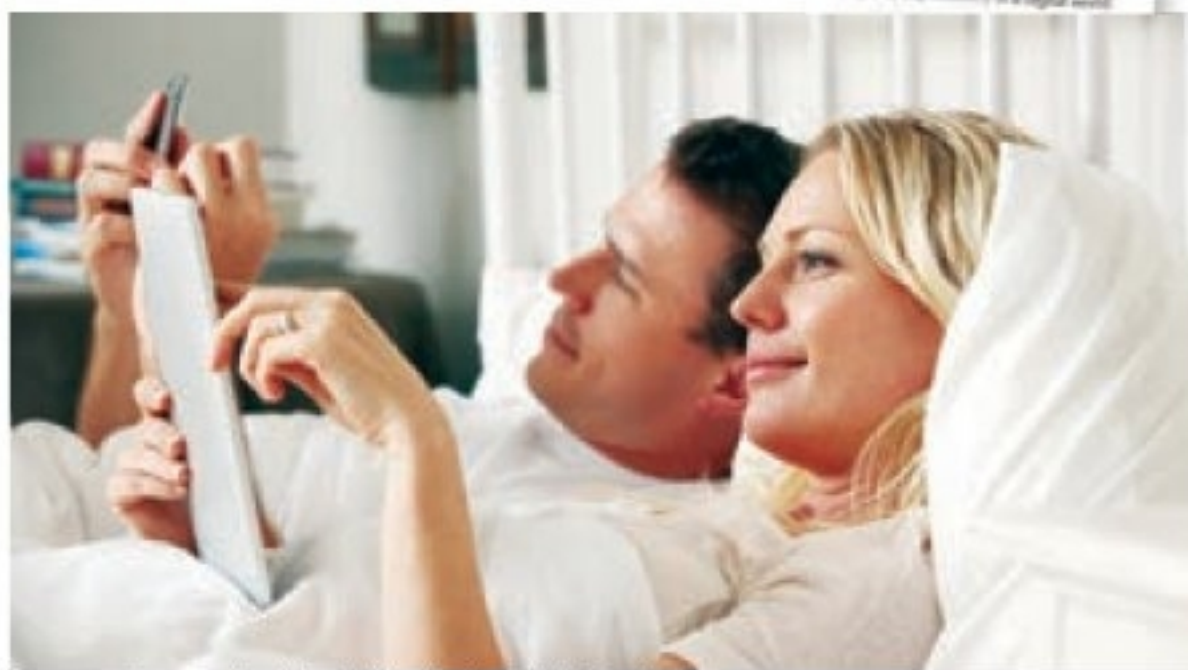
There's been a bit of a tech backlash lately, which in part led to the creation of the National Day of Unplugging (March 6). But instead of just disconnecting one day and being digitally overloaded the other 364 days of the year, we talked to Orianna Fielding, author of "Unplugged" about a way to find balance year-round.

EMILY LAURENCE



Stop sleeping by your phone

Fielding advises ditching the habit of sleeping with your phone next to you or using it as your alarm clock. And don't look at it before bed. "Looking at a bright screen, however small, just before going to sleep makes the body release approximately 22 percent less melatonin, which is the hormone that triggers sleep," she says.



Our expert says to break the habit of using tech before bed. / ISTOCK

Create a digital-free space at home

Finding a quiet nook in your apartment where you can sit without distractions can really reduce your stress levels. "Creating a space both physical and mental where you can just pause, think and unwind goes a long way toward helping you reconnect with yourself, family and friends," she says.

Leave your desk more

A lot of offices have gotten into the habit of using emails or instant messaging as the primary form of communication, even with someone who sits one cubicle over. Fielding says to counteract that by taking 10-minute breaks away from your desk every couple of hours. It will give your mind a chance to recharge.

Keep your phone off the dinner table

You may want to Instagram your food, but as soon as you take that pic, stash your phone. And if you have a friend who texts while you're trying to catch up, Fielding says the best thing to do is to lead by example. "Be someone who never has their phone out in the company of other people," she says.

Make 'digital detoxing' a habit

Whether you start disconnecting for a couple hours every night or for an entire day every week, Fielding says you'll instantly feel less stressed. "A digital detox will increase your ability to resist the call of the social network siren," Fielding says. "You'll feel less hurried and time will be less pressurized."

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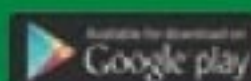
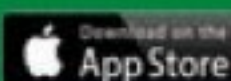
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Lawrence Michael Levine in the big time

Interview. An indie filmmaker (and actor) channels screwball comedy for his latest, 'Wild Canaries.'

Lawrence Michael Levine has been a fixture of the indie film scene, whether it's been directing "Gabi on the Roof in July" — with Kate Lyn Sheil and Lena Dunham — or acting in films by his own wife and frequent collaborator, Sophia Takal ("Green"). With "Wild Canaries," he goes bigger. It's a more

polished indie with name actors (Alia Shawkat, Jason Ritter). And it's a throw-back to screwball comedies, telling of a couple (Levine and Takal), one of whom (her) suspects their neighbor was murdered, the other (him) who thinks that's nuts.

This isn't a mere pastiche of screwballs.

I was definitely conscious of avoiding pastiche. Films like "The Hudsucker Proxy" and "Intolerable Cruelty," I felt they were doing it in that '30s style. I was influenced by the dynamics of screwball — a daffy dame and an uptight guy — but stylistically I

wasn't trying to recreate them.

A lot of screwball comedies, like "The Awful Truth," are really about examining relationships. This does that too.

When you agree to spend your life with someone, their flaws become more



LAWRENCE MICHAEL LEVINE
WIREIMAGE

apparent. People fight a lot before they get married. I think what happens is you start to experience your partner's foibles with greater intensity, because you think, "I'm going to have to be dealing with them for the rest of my life." You begin to view them as a crazy person who cannot be dealt

with. The film plays on this anxiety. Noah thinks she's insane. She thinks he's insane for ignoring this clear threat. It's about them realizing that neither of them is insane. The pulpy mystery subplot is a funhouse mirror of their own anxieties.

You're also exploring these anxieties with your real-life wife.

It was fun to do that. It's an exaggerated version of our relationship. In a way, my character is a parody of what Sophia thinks of me, and her character is a parody of what I think of her. It gave us some perspective on our relationship.

Bonus question

How did you find searching for funds?

I don't enjoy bragging. I wasn't raised to go around and say how great I am. But when you've got to convince people to give you thousands of dollars to make a film, you have to check that instinct at the door.



MATT PRIGGE
@mattprigge
matt.prigge@metro.us



Lawrence Michael Levine directed and starred in "Wild Canaries," a neo-screwball comedy about a couple who suspect a neighbor of murder. It's now on VOD. / IFC FILMS

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LEONARD NIMOY GOES EVIL ON STREAMING

STREAM THIS

Matt Prigge's guide to what you can watch on the Internet.

MATT PRIGGE
@mattprigge
matt.prigge
@metro.us



Netflix Instant

'Invasion of the Body Snatchers'

Leonard Nimoy's Spock is one of those characters that so defines an actor it's impossible imagining them as anyone else. Some (Anthony Perkins, say) find this restricting; Nimoy embraced it. But there are few characters as un-Spock-like as the one he plays in the 1978 version of "Invasion of the Body Snatchers" — apart, that is, from evil, goateed Spock in the "Star Trek" episode "Mirror, Mirror." He's one of the secret pod people taking over liberal San Francisco, and Nimoy uses his calming presence to throw you

Hulu



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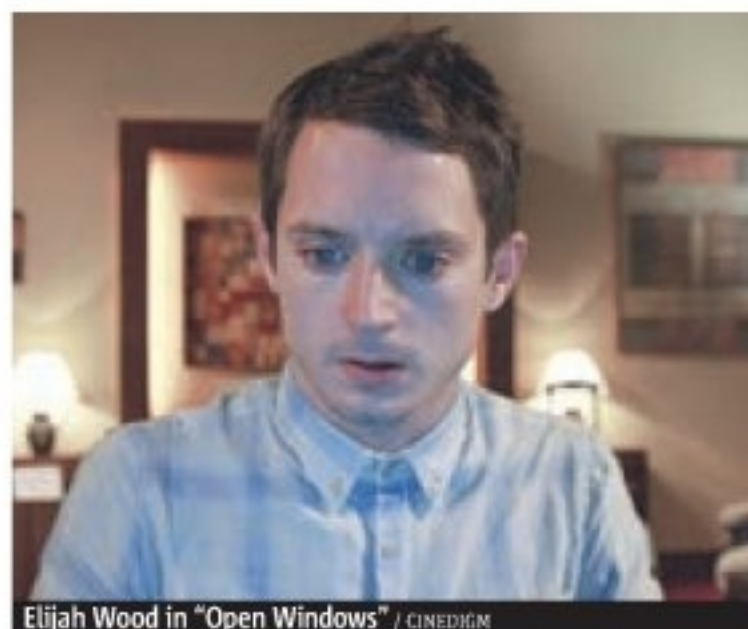
Jacques Demy

Jacques Demy was the rare French New Wave director who loved the artificial: loud colors, beautiful dresses, musicals. But his films make you as sad as they make you happy. Most of his films now stream on Hulu, including ones that didn't make Criterion's recent box set.



Leonard Nimoy (with Donald Sutherland) is one of the best parts of the 1978 film version of "Invasion of the Body Snatchers." / PROVIDED

Netflix Instant



Elijah Wood in "Open Windows" / CINEDIGM

'Open Windows'

Don't bother playing logic police with this sometimes silly but often brilliant thriller, which plays with concepts of the real in the digital age in ways that will at least make for some kid's killer grad school paper. Set entirely on a computer's desktop, the action unfolds in tiny screens, with a nervous fan (Elijah Wood) trying to save a lusty star (Sasha Grey) from a mysterious, tech-savvy psycho.

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TV watch list

DRAMA

'Chicago Fire'

Tensions arise after the interim chief makes some decisions that cause problems during an apartment fire. And, on the lighter side, Dawson goes on a double date with Brett and Cruz.

10 P.M., NBC



Looks like Severide might be saving the day again on "Chicago Fire." / ELIZABETH MORRIS, NBC

COMEDY

'Fresh Off the Boat'

The family has to figure out what to do when they're targeted by vandals, but Eddie has even bigger problems: He's trying to win over a girl in his class. 8 P.M., ABC

REALITY

'Hell's Kitchen'

The 18 contestants will be vying for the chance to have a night out with William Shatner. What does a night out with Shatner actually look like? SEASON PREMIERE, 8 P.M., FOX

TALK SHOWS

'Tonight Show Starring Jimmy Fallon'

Jimmy classes it up for the night by having Dame Judi Dench stop by. 11:35 P.M., NBC
LISA WEIDENFELD

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WHAT PARENTING GOAL DID YOU WAKE UP WITH TODAY?



Me with my boys: my husband Edwin and sons Hudson and Crosby. / PROVIDED

Allow me to introduce myself. My name is Yesenia Almonte, and I'm a first-generation American, born and raised in New York City — a city that I love.

Like pretty much every other parent, I wake up with the same mommy goal every day: to raise good and productive human beings. It sounds simple enough, but boy is it tough. I'm trying to figure out the whole parenting thing as I go along, and every single day, without fail, I question my parenting skills. I'm continually asking myself whether I am doing the right thing by my husband and two little buddies, Hudson, 3, and Crosby, 10 months old.

I call my own mother every day to get her advice on things — advice that doesn't always align with my own views, but my parenting will always stem from the cultural influ-

ences passed down by my parents, two Dominican immigrants.

One thing I do know is that I want my children to aspire to all that is good. This is the idealist and eternal optimist in me, but I believe that when you are surrounded by good, you want to do good. But the realist in me knows that the world isn't always safe, pretty or perfect, so I'm teaching them to be tough, too!

So, this is me: I've failed. I've succeeded. I've made some mommy mistakes and will continue to make some more — just hopefully not the same ones! I'll share my journey with you along the way, right here in this paper and online at metro.us every two weeks. And, of course, I want to hear from you, too! What's your daily mommy goal? Hit me up on Twitter or Instagram: @yeseniaalmonte.

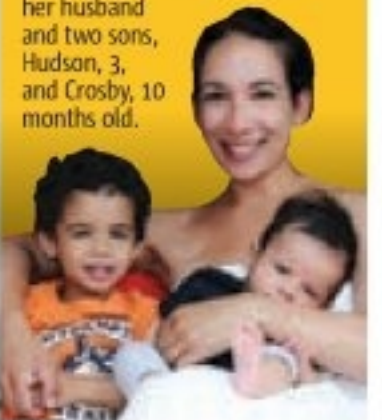


Mommyhood Musings

YESENIA ALMONTE

Twitter and Instagram: @yeseniaalmonte

Meet Metro's new parenting blogger, who will be sharing her parenting triumphs and fails — and taking you along for the ride. Yesenia Almonte is a born and bred New Yorker who lives in Brooklyn with her husband and two sons, Hudson, 3, and Crosby, 10 months old.



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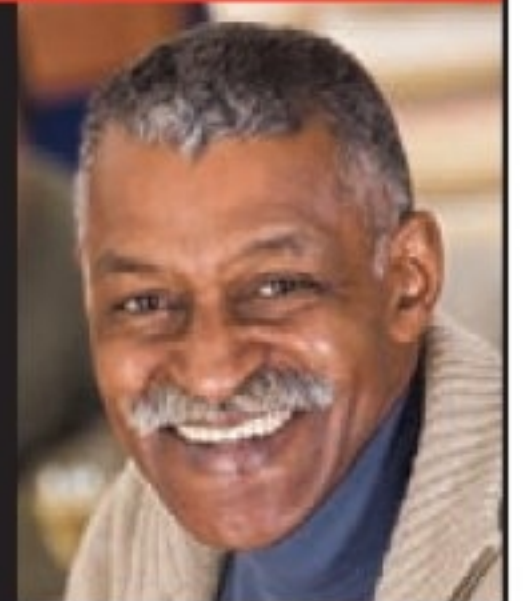
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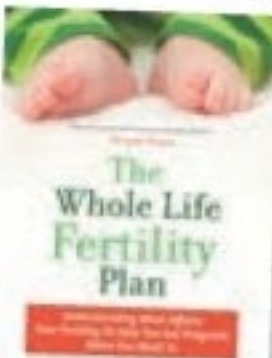


Pregnancy. 3 myths about fertility

Whether you're trying to get pregnant or want kids in the future, it's not too early to educate yourself about fertility. "If you want a good outcome, you need to be thoughtful about what information out there can help you," says Dr. Jamie Grifo, director of the New York University Fertility Center and co-author of "The Whole Life Fertility Plan." Here, he helps expose some myths surrounding fertility.

Myth #1: Being on the pill will hurt your chances of getting pregnant later.

Grifo says people have this misconception for two reasons. The first is that it can take anywhere from three months to a year for a woman's menstrual cycle to get back to normal after being on the pill. The second is that many women are on the pill until their late 30s,



Trying to conceive can be a stressing time for couples, but being educated can help. / ISTOCK

when fertility is naturally diminished.

Myth #2: You shouldn't think about fertility until you're ready to have a baby. If you are a woman over 30, Grifo says you need to start thinking about when and if you want to be a mom now,

when there are more options available to you. Start weighing your options, such as egg freezing.

Myth #3: Drinking alcohol will hurt your chances of getting pregnant. Grifo says having three or four glasses of wine a week isn't going to hurt your eggs. Things that will negatively impact your fertility include smoking and too much junk food. **EL**

Melissa Joan Hart launches kids line



MELISSA JOAN HART
PROVIDED

Hart's husband, Mark Wilkerson, comes up with many of the design ideas for King of Harts. / PROVIDED

Shopping. King of Harts is a boys-only brand that is meant to survive a lot of wear and tear.

As the mother of three boys — Braydon, 6, Tucker, 4, and Mason, 2 — Melissa Joan Hart and her husband Mark Wilkerson have gone through their fair share of children's clothes. Frustrated by the feeling that everything looked the same — graphic tees featuring The Hulk or Spider-Man — the couple decided to launch their own line, King of Harts, out this week.

"We decided to use our little boys as inspiration as well as a 'Made in the USA'

theme, since everything is [produced] in the U.S.," Hart tells us. "Our first Spring line is inspired by Montauk, New York, which is near where I grew up on Long Island. And then the fall line is inspired by Lake Tahoe, our favorite vacation spot."

The couple also took the boys' rough-and-tumble lifestyle into account, adding extra reinforcement in the knees to keep pants from easily tearing. "We're having so much fun with it," she says, adding that most of the designs are her husband's ideas. "This is something my husband and I started together because we wanted to do something family-related that we could be proud of while also bringing some industry back to the U.S."

We're so excited about it." The line will be sold online at kingofharts.com and specialty boutiques nationwide. Prices range from \$32-\$88.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us



The clothes are designed with little boys in mind. / PROVIDED

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Horoscope

Pisces | Feb. 19-March 20
Make the most of what you have. Advancement looks promising. Apply for a new position or speak to a superior about a future project.

Aries | March 21-April 20
Love is in the air. Offer your loved ones affection and devotion. Think about a way to improve your current living arrangements.

Taurus | April 21-May 21
Take some time to organize your thoughts. Younger or older family members will make demands of you if you let them. Put your needs first for a change.

Gemini | May 22-June 20
Property deals are worth looking into. Make your home a place of comfort and relaxation. Any alterations that ease your stress should be considered.

Cancer | June 21-July 22
The people around you will be difficult to handle. You will make more progress if you do things yourself.

Leo | July 23-Aug. 22
Let your imagination soar. Work on a creative project that you have been reluctant to start. Your passion and enthusiasm will bring a satisfying outcome.

Virgo | Aug. 23-Sept. 22
You shouldn't slack off just because things are going nicely. Be prepared to take whatever steps are necessary to build a bright future.

Libra | Sept. 23-Oct. 22
Be bold. If there is something you desire, go after it. Your confidence and charm will lead to a promising future.

Scorpio | Oct. 23-Nov. 21
It will feel as if you are taking one step forward and two steps back. If you don't give in to frustration or anger, you will accomplish everything on your agenda.

Sagittarius | Nov. 22-Dec. 21
Don't get stuck in a rut. Plan an evening of romance for someone special. A break from routine will boost your morale.

Capricorn | Dec. 22-Jan. 20
If you are constantly being drained by others, it's time to stop and reassess your relationships. You deserve to be treated the way you treat others.

Aquarius | Jan. 21-Feb. 18
Weed out anything that is no longer useful. Ideas or relationships that are holding you back should be dealt with. **EUGENIA LAST**

Sudoku: Easy and hard

9	4					1	6	7
			6				2	9
		3			1			5
			1	6				
6	2						7	3
				4	7			
2			7			5		
1	7				3			
3	9	6					8	2

	2	9			4	6		
1	6				8			7
					3	1		
8	4			1				
		7	3		6	8		
			8				6	1
	7	5						
2			4				5	6
		1	6			2	3	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

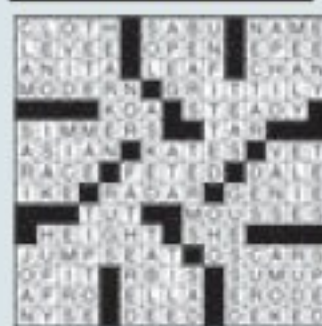
- 1 Roundup gear
- 6 Propeller arm
- 11 Open a barrel
- 14 Radius neighbors
- 15 "Them" author
- 16 Dash off
- 17 Go bad, as meat
- 18 It may have big ears (2 wds.)
- 20 Erratic move
- 21 Sea in Antarctica
- 23 Caught cold
- 24 With merriment
- 26 See firsthand
- 28 Drill through
- 30 Actress Anouk —
- 31 It has a crust
- 32 Lurid novels
- 33 Pirate's quaff
- 36 Bronze and Iron
- 37 Ties up
- 38 Batman creator
- 39 Install a lawn
- 40 Soft matted wools
- 41 Turnpike rumbler
- 42 Recital pieces
- 43 Tips off
- 44 Riverbank burrower
- 47 Slacks material
- 48 Meat-stock jelly
- 49 Coarse file
- 50 Party girl

Down

- 1 Skater's jump
- 2 Jai —
- 3 Cackled snidely
- 4 Kyoto honorific
- 5 Largest bird
- 6 Officious
- 7 Axioms
- 8 Wolfed down
- 9 Fiddle-de- —
- 10 Manors
- 11 Oar fulcrum
- 12 Buenos —, Argentina
- 13 Hangs fire
- 19 Movie
- 22 Flamenco cry
- 25 Some are liberal
- 26 Rugged country
- 27 Holy terrors
- 28 Edible seeds
- 29 Desdemona's enemy
- 30 Women with nieces
- 32 Airline employee

- 33 Forced through
- 34 Cohesive entity
- 35 Clutter
- 37 Bartok or Lugosi
- 38 Fast on the uptake
- 40 Tongs
- 41 Mule, for example
- 42 Glance over
- 43 Contented sounds
- 44 — Picchu
- 45 Flashlight carrier
- 46 Salmon do it
- 47 Dark line on Mars
- 49 By heart
- 51 Type of eagle
- 52 Male guinea pig
- 54 Afire
- 55 Flight dir.
- 57 Cotton gin name

Yesterday's answer



Letters to the editor

Don't let Iran become the next Iraq

The last time we listened to a buffoon fear-mongering about supposed weapons of mass destruction, we were "rewarded" with the Iraq debacle. War should be the last option once all others have been exhausted. If Israeli Prime Minister Netanyahu wants a war with Iran, Israel should go it alone. No U.S. military support. No U.S. dollars.

CARL HANSON, VIA EMAIL

Adam, Eve were vegans

Re: 'Bible doesn't advocate for veganism' (Metro, Feb. 18) Reader Scott Perry stated that

God does not support a vegan lifestyle of eating. Romans 14 speaks about weak and strong faith, and was just referring to food as a parable. Furthermore, the Bible is inerrant and alive today, because it holds wisdom and truths that we can utilize in our daily lives. The initial diet of humanity was a vegan diet: "I give you all plants that bear seed everywhere on Earth, and every tree bearing fruit which yields seed: they shall be yours for food. All green plants I give for food to the wild animals, to all the birds of heaven, and to all reptiles on Earth, every living creature, it shall be theirs for food." (Genesis 1:29-31)

SHIRL C., VIA EMAIL

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3

SPORTS

Spring training news

Utley to sit out week

The Phillies open their Grapefruit League schedule Tuesday at 1 p.m. against the Yankees, but will be without their 3-hole hitter, second baseman Chase Utley, who is likely sitting out this first week of games as he rests a sore ankle. Jerome Williams gets the starting nod in the game at Bright House Field. Cliff Lee will pitch Thursday.

Flyers pull fast one, clean up on deadline day

NHL. The Flyers traded away Braydon Coburn for two draft picks and a young defenseman.

The Flyers and GM Ron Hextall may have won the 2015 NHL trade deadline.

Not only were they able to get two very good draft picks for 39-year-old Kimmo Timonen, they also got younger at defense by swapping Braydon Coburn (30) for Radko Gudas (24), opened up salary-cap room and got another first-round pick (and a third) in the upcoming draft.

Philly did not relent its playoff hopes while building for the future. Not bad

work for the Hextall.

The Lightning trade sends nine-year veteran Coburn to a team in the thick of the playoff picture.

"Tampa's been near the top of the East all year," Coburn said, "and they've got a lot of great pieces. ... I'm excited to join that group."

He still has hope for his former team, the Flyers, who are alive but in a tough spot, trailing the Bruins by six points for the

Quoted

"It's tough to leave Philly, because this has been my home. I really love it here. My family loves it here ..." Braydon Coburn

final playoff spot.

"I think the team here is really good," the defenseman said. "Our play's been improving and there's still games to win here. I really hope they can squeak in there."

Taking his place, eventually, is the young Czech defender Gudas, who brings along with him a valuable first-round pick (and a third-rounder) from the Lightning. He is in recovery from recent knee surgery but is excited to find out what all the fuss is about here in Philly.

"I see it as a different opportunity," Gudas, who is a friend of Flyers' forward Jakub Voracek, said. "Philadelphia wanted me to play for them, so I'm excited to be on a team that's excited



Gudas had two goals and three assists before getting hurt. / GETTY IMAGES

to have me. I'm looking forward to joining. I've heard a lot of great things about the organization and the team."

On his fellow countryman, Voracek told CSN-Philly's Tim Panaccio: "He's a gritty player and very tough to play against. Fans are gonna love him here. He's a kind of player who is

hard to play against."

Coburn led the Flyers this season in average shifts per game at 27.9. Gudas played in 31 games for Tampa Bay, but is expected to miss the rest of the regular season.

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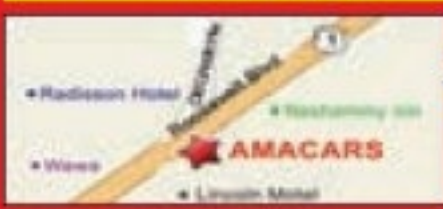
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NHL power rankings | by Rich Slate

No. 1



Predators (41-15-7)

I am running out of things to say about the Predators, who have set up shop in this spot for weeks now. They finally have some competition, though, as Montreal has pulled within two points. The Predators have back-to-back games on the road: Monday against Rangers then Tuesday versus the Devils before they host Islanders on Thursday and Jets on Saturday.

No. 2

Canadiens (41-16-5)



The Canadiens are five points ahead of the Lightning for first-place in the Atlantic Division and three points in front of the Islanders for the No. 1 seed in the Eastern Conference. Star defenseman P.K. Subban had a goal and five assists in three games last week to earn the second star in the NHL.

No. 3

Ducks (40-17-7)



Behind goaltender John Gibson, the Ducks have stabilized and with Nashville dropping its last two games, Anaheim is only two points behind the Predators for the top seed in the West. They travel to Arizona on Tuesday before hosting two big tests against Montreal on and Pittsburgh.

No. 4

Blues (40-18-5)



They eventually lost 6-5 in a shootout at Vancouver, but the fact that St. Louis rallied to reach that point (after trailing 5-2 in the 3rd period) was pretty amazing on Sunday. The one aspect of the Blues that you can second-guess heading into the postseason is their murky goaltending situation.

No. 5

Rangers (38-17-6)



The Rangers lost 4-2 at the Flyers on Saturday, but they're still 8-1-1 in their last 10 games. Their meteoric rise has left them two points behind the Islanders for first place in the Metro with three games in hand. The Rangers also made a huge trade on Sunday to acquire Arizona defenseman Keith Yandle.

No. 6

Lightning (38-20-6)



Tampa Bay lost 4-3 to Florida on Sunday, something which has rarely happened in recent years. Overnight, the Lightning also made a big trade, swapping Radko Gudas and a first- and third-round draft pick to the Flyers for Braydon Coburn. Tampa Bay has the second best goal-differential in the East.

No. 7

Islanders (41-21-2)



The Islanders are 6-3-1 in their last 10 games but a stunning 5-3 loss to the Hurricanes Saturday left the Rangers within striking distance. New York is on the road for the next week with four games: at Stars, Predators, Panthers and Maple Leafs. They have scored the second most goals (205) in the NHL.

No. 8

Penguins (36-17-9)



It has been quiet, but the Penguins have won their last four games. The Pens are one point behind the Rangers and three points behind the Islanders. Evgeni Malkin, who was named the No. 3 star of the week for putting up two goals and four assists in two games last week, has been great all season.

No. 9

B'Hawks (37-21-5)



Patrick Kane might miss the rest of the season with a broken clavicle, which is a huge blow to Chicago's chances at another Stanley Cup. They were humbled on Friday with a 4-0 loss at Tampa Bay. Center Antoine Vermette was acquired from Arizona on Saturday and be a huge help for the Blackhawks.

NFL news

Eagles don't tag Maclin

With 10 players eligible for the franchise tag, the Eagles elected not to use it as the 4 p.m. deadline passed Monday. The leading candidate was receiver Jeremy Maclin, who could be working on a long-term deal in lieu of the one-year franchise tag designation. Across the NFL, Dallas tagged Dez Bryant, Denver tagged Demaryius Thomas while the Lions let Ndamukong Suh walk as a free agent. **METRO**

Building depth

Birds ink linebacker

The Eagles added a veteran inside linebacker Monday, as Brad Jones agreed to a two-year deal with the team. Jones played six seasons in Green Bay, and totaled 293 tackles, 10 sacks and two forced fumbles in 76 games (36 starts). **METRO**

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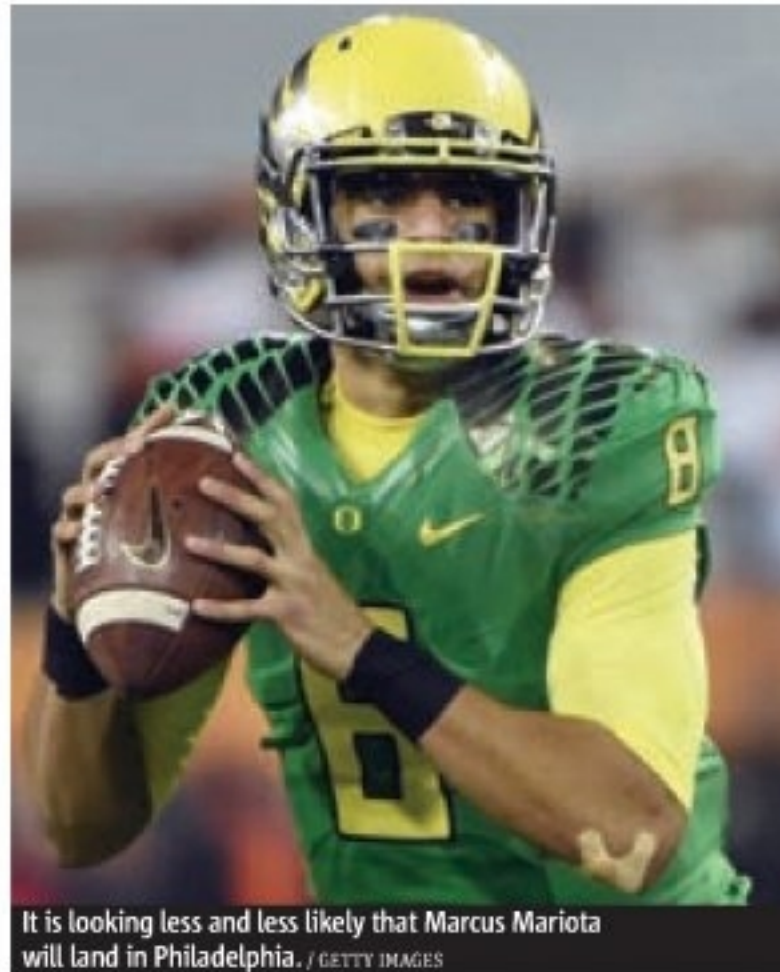
MACNOW: ROSEMAN NOT ON BOARD THE MARIOTA TRAIN

Question of the week: When Howie Roseman ripped the notion of paying a ransom of draft picks for Marcus Mariota, was he, A) speaking for the organization, B) publicly protesting Chip Kelly's strategy, or C) throwing out a smokescreen?

Speaking at the MIT Sloan Sports Analytics Conference last Saturday, Roseman said, "The history of trading up for one player ... isn't good for the team trading up and putting a lot of resources into it. The more [draft picks] you get, the better your chances are." In other words, spending a bushel of picks for Mariota is a foolish gamble.

Clearly this isn't the message NFL people have gleaned from Kelly in recent weeks — even if the Eagles all-powerful coach hasn't whispered a public word. So I'll go with option B. I believe Roseman wants his objection on the record so that if it all blows up in Kelly's face, the deposed GM is exonerated.

One more thing: The projected Mariota-to-Eagles trades rumored last week by Peter King and Pat Kirwan (two normally



It is looking less and less likely that Marcus Mariota will land in Philadelphia. / GETTY IMAGES

Macnow on the Birds

"I believe Roseman wants his objection on the record so that if it all blows up in Kelly's face, the deposed GM is exonerated."

smart football guys) were laughably one-sided for the Birds.

Won't happen. Kirwan had LeSean McCoy and two firsts going to Oakland for the fourth overall pick. McCoy has three years and \$28 million left on his deal — which makes him untradable.

Opinion

GLEN MACNOW

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Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.



Macnow recommends

Here are Glen's top picks in books, TV and movies:

• **Book:** "Tommy Gun Winter." Inquirer political editor Nathan Gorenstein looks back at family history and discovers

two uncles who were homicidal mobsters.

• **TV:** "Black Mirror," a British sci-fi anthology series focused on the frightening side of near-future technology. Just be



BRAYDON COBURN
GETTY IMAGES

Macnow. Flyers' GM Hextall got it right at NHL trade deadline

Give Flyers GM Ron Hextall a solid "A" for his trade-deadline moves. Getting a second-round pick (and maybe more) for 39-year-old Kimmo Timonen was like finding a \$100 bill in an old pair of pants. And getting a first- and third-rounder for underachieving Braydon Coburn was a gift from the gods.

Hextall has achieved the near-impossible, persuading owner Ed Snider to stop trading youth for the short-term fix of over-the-hill veterans. If goalie Steve Mason can stay healthy, the Flyers will be Cup contenders in two years — which, by the way, will be two years earlier (at minimum) than Sam Hinkie's Sixers.

Slow start to spring

Nothing means less than spring training results. But losing their opener to the Division II University of Tampa Spartans? That just makes the

Phillies look inept. Fans are now searching for any positive sign. Getting rolled, 6-2, by a bunch of boys headed for a kegger? Seeing Phillippe Aumont give up three straight hits to kids who still need parental permission slips to play? I see you now, Phillies fans, shaking your heads in disgust.

Oh, and I'm about to begin my annual WIP Food Hunt, this year looking for the best "bacon creation." If you know a place that turns man's favorite food into a masterpiece, put a message here or find me on Twitter at @Realglenmacnow.

warned — Episode One is not for the squeamish.

• **Movie:** ESPN's "Of Miracles and Men," which deftly shows the Soviet view of the 1980 Olympic hockey classic.

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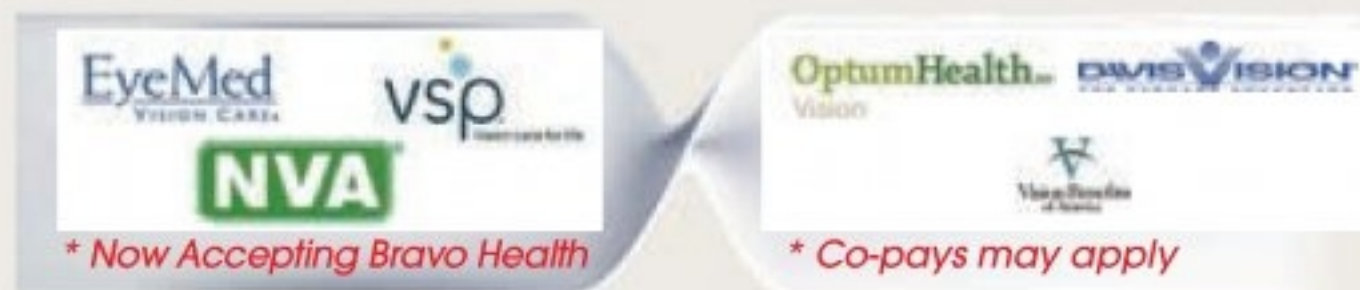
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